



ARRIVE AT HAPPY

Tia Graham

Founder of Arrive At Happy
Speaker & Best-Selling Author

Bio

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Tia Graham is an international and viral TED speaker, best-selling author and consultant on positive psychology and business growth. She has worked with dozens of global companies such as Marriott Hotels, Kellogg's, and Hewlett Packard to elevate employee engagement and drive bottom line results.

Prior to founding her company, Arrive at Happy, she led teams at luxury hotels in the United States and Europe for brands such as W Hotels, Westin, and The London. With multiple certifications in neuroscience, positive psychology, and employee retention, and over 14 years of leadership experience, Tia is widely regarded by business leaders in her field. She is a Certified Chief Happiness Officer for happiness at work.

Her insights have been featured in major media such as CNN, Forbes, and Fast Company to name a few. Her book, Be a Happy Leader, teaches her proprietary 8-step methodology on driving productivity and business growth through a culture of happiness.