



TIA GRAHAM

Chief Happiness Officer & Growth Expert

Elevate leadership efficacy and business results

Science of Happiness & Leadership Expert, Best-Selling Author, and Viral TEDx Speaker, Tia Graham partners with leaders to increase well-being and create high-performing teams so that their organization thrives.

WHAT CLIENTS SAY

“Tia is a beacon of light! She inspired our national sales team to prioritize their happiness, make positive thinking a habit, and gave us tools to become stronger personally and professionally.

- Alice Harrington-Caravello, Vice President Sales, Marriott International

“To say Tia was a hit is an understatement! Her positive energy is contagious. Her messages and ideas are uplifting, she shares new concepts, and fascinating research. She challenges you to be a better leader and to prioritize employee happiness and she is really easy to work with!

- Marie Shubin, CEO, The Society of Consumer Affairs Professionals

“Her presentation was inspirational and she gave me a new perspective on leadership and happier teams. I appreciated her wonderful insights and sage advice.

- Chris Heywood, SVP Global Communications, Los Angeles Tourism & Convention Board

“Tia led a full-day leadership program for our global team in Peru. We all left completely inspired! Her stories, strategies, and research gave us proven tools to elevate our teams and customer experiences.

- Melissa Walker, Vice President of Well-Being, Global Hotel Company

BE A HAPPY LEADER

Thrive Personally and Achieve Killer Business Results

- Learn how positive emotions affect the brain at work and how to increase them
- Understand proven, daily happiness habits to boost productivity
- Gain strategies on how to increase positivity and optimism in your organization

THE SECRETS OF POSITIVE TEAMS

Prioritize Relationships and Connect to Purpose

- How to create and execute an authentic listening strategy
- Drive motivation and performance with feedback and coaching
- Learn the connection between intellectual well-being and innovation

HAPPY, HIGH-PERFORMING SELLERS

How Positivity Drives Revenue, Creativity, and Happy Customers

- How to re-wire your brain for happiness using positive psychology and neuroscience
- Understand what happiness while working means and why it matters
- Understand proven, daily micro-happiness habits to boost productivity, accolades, and your professional success

THRIVING UNDER PRESSURE

The Path from Stressed to Calm Leadership and Living

- How to increase positive emotions and decrease the quantity and intensity of painful emotions
- Understand how to calm the nervous system and support others in feeling stable and balanced.
- Learn different modalities to increase inner peace and contentment

Programs to Elevate Leadership Effectiveness and Drive Bottom Line Results

TEDx



THE SIMPLE SECRET OF BEING HAPPIER



SPEAKING

Hire Tia to create a personalized and highly engaging talk!

LEADERSHIP DEVELOPMENT PROGRAMS

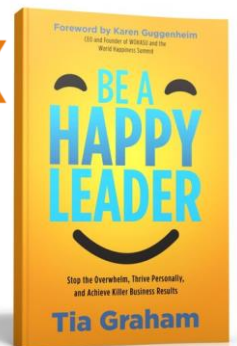
Inspire and educate your leaders to create happy and successful teams and drive bottom line results.



TEAM RETREATS

Enhance your teams's abilities to collaborate, innovate, and crush the competition.

#1 Best Seller



Tia's Proven 8-Step Methodology

HAPPY CLIENTS INCLUDE



FEATURED BY

